



61% of coaching clients say coaching improved their business management skills.¹

“As the global head of corporate communications for a luxury brand, I've reached the stage in my career when I'm thinking about the next step and how to reach C-Suite and Board level. Emma's coaching dramatically changed my perspective about what is possible; how to be more assertive and to focus on my skills, negotiate more effectively, and even how to deal with challenging personalities in the boardroom. Her understanding of the communications and PR environment is invaluable and I have found the coaching sessions to be life-changing.”

- Head of Corporate Communications, Luxury Brand, Hong Kong

Are you excited about becoming a leader but unsure about how to do it?

Do you have a leadership role but worry about how to transition the relationships with your former peers?

Are you unclear about how to gain the confidence and trust of your team, peers and boss?

Great leaders aren't born, they're coached. Coaching from Emma will give you the space and motivation to find your authentic leadership style and gain clarity around your leadership goals.

Drawing on her mentorship of future female leaders across industries as part of The Hong Kong Women's Foundation, and her coaching qualifications from the International Coaching Federation (ICF) Institute of Executive Coaching and Leadership (IECL), and Firework, Emma will provide you with the tools and guidance to enhance your leadership qualities, acquire new skills and move successfully into your new leadership role.

Across 6 coaching sessions, Emma will help you develop self-awareness and understand the impact you have on others as you make this transition into a new leader.

Coaching sessions will include*:

- Discovering your leadership style
- Navigating relationships
- Boosting decision-making and critical thinking skills
- Establishing executive presence
- Enhancing your EQ
- Creating a 90 day plan to help create success

You will walk away from the **Stepping into Leadership** programme with a plan on how to motivate and inspire your team, gain the trust and confidence of internal and external stakeholders, and make a positive impact on the business. In short, this coaching programme will provide you with the roadmap to becoming a successful leader.

*May change based on the specific needs and priorities of the individual

¹ICF Survey