



75% say that the value of executive and leadership coaching is **“considerably greater”** or **“far greater”** than the money and time invested.¹

“As an agency head, I run the business, manage the teams and am also client facing. With such a wide range of tasks, my days have the ability to be driven by the latest deadline. Working with Emma as my coach allows me to step back and refocus on the bigger picture, and put my personal goals and broader agency goals into perspective. Emma is direct and honest in her feedback, guiding me gently towards seeing what the next best step is for me to be happy in my career.”

- Founder, Independent PR Agency (Hong Kong)

Do you feel alone at the top and wish you had someone to brainstorm ideas with?

Are you constantly focusing on your teams' careers but neglect your own development as a leader?









Are you feeling burnt-out but can't see how you can take time for yourself?

Do you jump from one fire to the next and lack the time to strategically think about your business?

Being at the top of the ladder doesn't mean you've reached the end of your professional journey.

Across 6 coaching sessions, Emma will give you the space and thinking time required to assess your leadership skills, challenge assumptions, provide new perspectives, and establish accountability for female leaders who are currently doing it all.

Coaching sessions will include*:

-  Defining your professional and personal goals
-  Getting the best from your team and yourself
-  Navigating workplace challenges
-  Enhancing your leadership skills
-  Utilising your network successfully for continued business success
-  Managing your mental health and achieving work life balance
-  Becoming more self-aware and developing your emotional intelligence
-  Brainstorming business challenges and coming up with solutions

After completing the Coaching for Female Leaders programme, you will walk away with an awareness of how your leadership style is perceived, and strategies to hone your leadership skills to elevate not only your professional life but also the careers of your team members.

*May change based on the specific needs and priorities of the individual

¹ICF Survey